

# Soft Summer

Quilt Pattern by Lissa Cloutier for Mia Presley Designs

Be sure to read all the instructions before beginning.

All cutting measurements and sewing instructions include a ¼" seam allowance.

Finished quilt size: 75" x 75"

## Fabric shopping list:

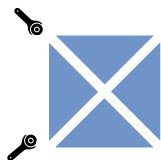
If you are pre-washing your fabrics before cutting, please ensure to add a few extra inches when purchasing your fabric to allow for some loss in shrinkage.

I prefer not to wash beforehand as I like the look of the quilt better this way.

## STEP 1: CUT THE TRIANGLES FOR THE FLOWER BLOCKS

1) From **Blossoms (A)**, cut the following:

- (4) strips 7¼" x wof
  - Then cut (20) 7¼" x 7¼" squares
  - Cut the squares diagonally, twice, making (80) equal triangles



2) From **Great Blue Heron (B)**, cut the following:










- (4) strips 7¼" x wof
  - Then cut (20) 7¼" x 7¼" squares
  - Cut the squares diagonally, twice, making (80) equal triangles

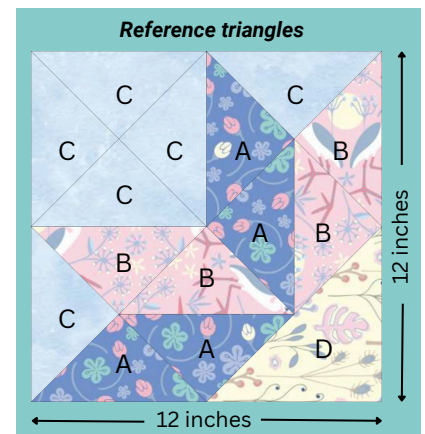
3) From **Background (C)**, cut the following:

- (5) strips 7¼" x wof
  - Then cut (20) 7¼" x 7¼" squares
  - Cut the squares diagonally, twice, making (120) equal triangles

4) From **Rushes (D)**, cut the following:

- (2) strips 6 7⁄8" x wof
  - Then cut (10) 6 7⁄8" x 6 7⁄8" squares
  - Cut the squares diagonally, once this time, making (20) equal triangles
  - Also cut (7) squares that are 1½" x 1½" (these will be your cornerstones for the flower blocks)

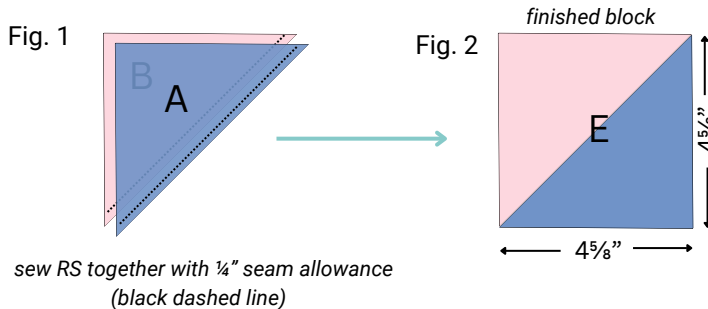
Fabric Width 44/45"	Metres estimate	Fabric name   SKU
	1.5 m	*Background (used Toscana 42 from Northcott Fabrics)
	1.1 m	Great Blue Heron   02524-02
	0.5 m	Rushes   02524-05
	1.1 m	Blossoms   02524-06
	1.1 m	Orchard   02524-01
	0.25 m	Ripe Cherries   02524-03
	0.5 m	Awning   02524-04
	0.1m	Brown
	0.8 m	White



## STEP 2: MAKE PART BLOCKS

### Making the (E) block

1) Take one (A) triangle and one (B) triangle and place them right sides together. Sew along the long edge with a  $\frac{1}{4}$ " seam allowance (Fig. 1). Press seams open. Ensure that your block opens correctly (Fig. 2). You now have one (E) block ready. **Repeat until you have a total of 40 (E) blocks.**



### Making the (F) block

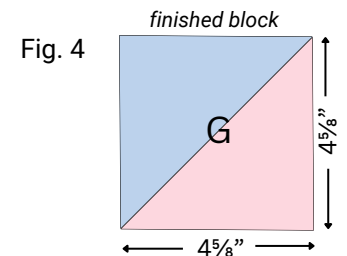
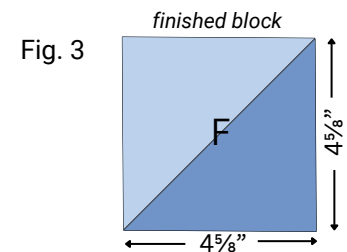
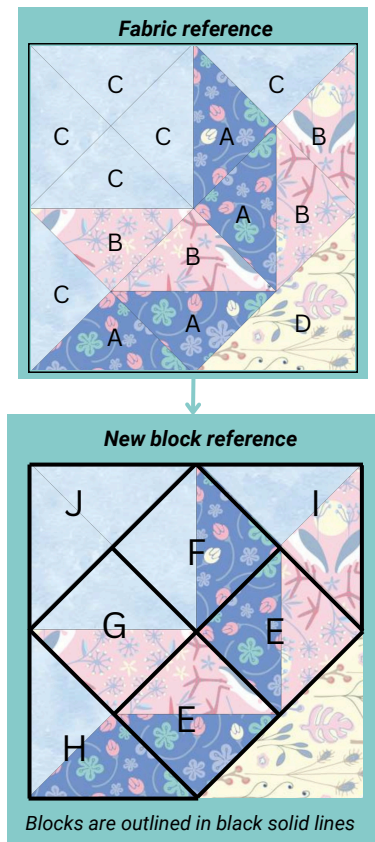
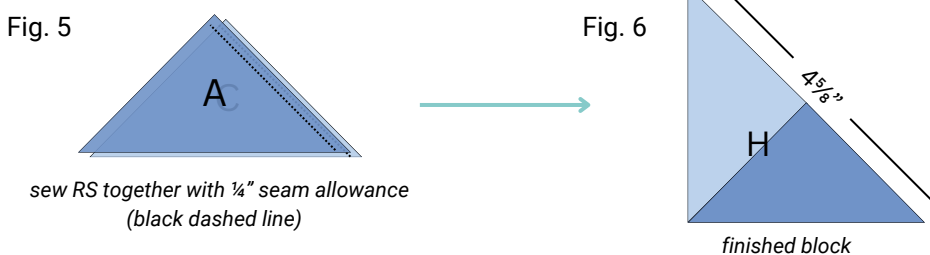
2) Take one (A) triangle and one (C) triangle and place them right sides together. Sew along the long edge with a  $\frac{1}{4}$ " seam allowance (Fig. 1). Press seam open. You now have one (F) block ready (Fig. 3). **Repeat until you have a total of 20 (F) blocks.**

### Making the (G) block

3) Take one (B) triangle and one (C) triangle and place them right sides together. Sew along the long edge with a  $\frac{1}{4}$ " seam allowance (Fig. 1). Press seam open. You now have one (G) block ready (Fig. 4). **Repeat until you have a total of 20 (G) blocks.**

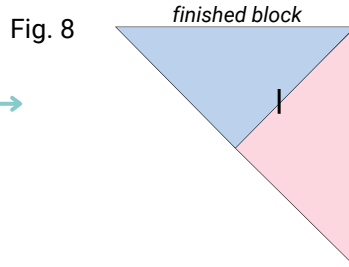
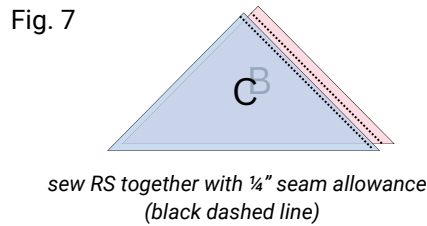
### Making the (H) block

4) Take one (A) triangle and place it on top of one (C) triangle right sides together. Sew along the **right** edge with a  $\frac{1}{4}$ " seam allowance (Fig. 5). Press seam open and ensure that your block opens correctly (Fig 6). You now have one (H) block ready. **Repeat until you have a total of 20 (H) blocks.**



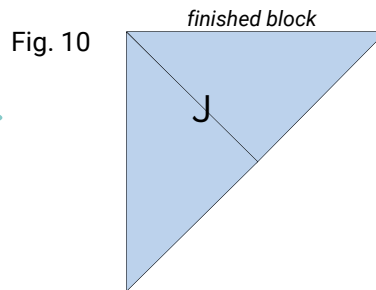
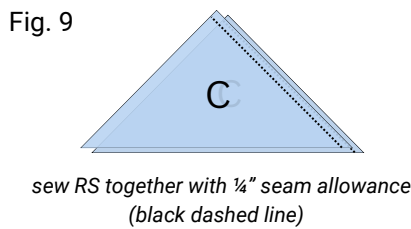
Making the (I) block

5) Take one (C) triangle and place it on top of one (B) triangle right sides together. Sew along the **right** edge with a ¼" seam allowance (Fig. 7). Press seam open and ensure that your block opens correctly (Fig. 8). You now have one **(I)** block ready. **Repeat until you have a total of 20 (I) blocks.**



Making the (J) block

6) Take two (C) triangles and place them right sides together. Sew along the **right** edge with a ¼" seam allowance (Fig. 9). Press seam open and ensure that your block opens correctly (Fig 10). You now have one **(J)** block ready. **Repeat until you have a total of 20 (J) blocks.**

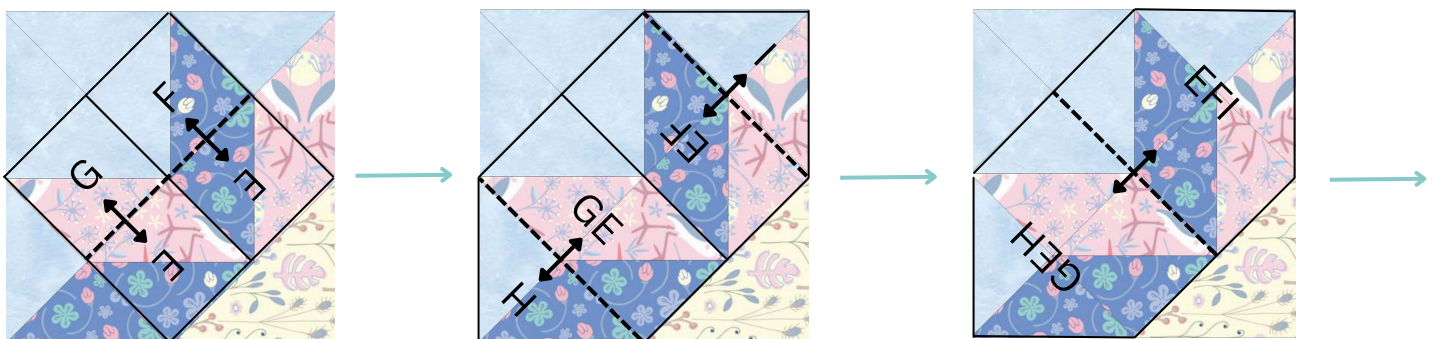


**STEP 3: ASSEMBLE PART BLOCKS TO MAKE FLOWER BLOCK**

1) Taking all the blocks sewn together in step 2, sew blocks in the order illustrated below (Fig. 11 a-e), with a ¼" seam allowance:

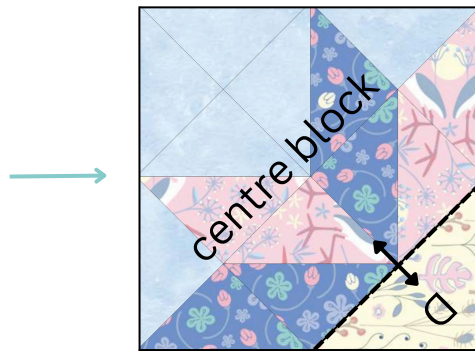
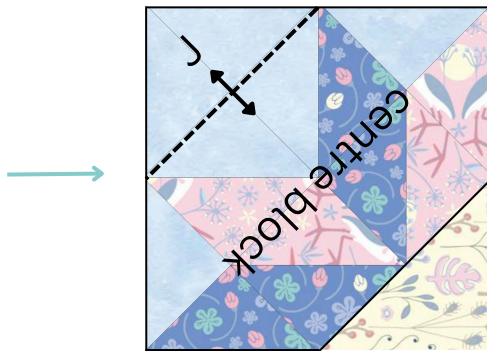
- a) (G) + (E), right sides together.  
(F) + (E), right sides together.
- b) (GE) + (H), right sides together.  
(EF) + (I), right sides together.
- c) (GEH) + (EFI), right sides together.

Fig. 11



d) (J) + **centre block**, right sides together.

e) (D) + **centre block**, right sides together.



Trim to 12"x12"

Congratulations, you have made your first flower block! Now, **repeat STEPS 1-3 until you have a total of 20 flower blocks.**

#### STEP 4: CUT THE FABRIC FOR THE BIRD BLOCKS

1) From **Background**, cut the following:

(a) (7) strips 2½" x wof

o Then cut:

- (10) 12½" x 2½" strips (A)
- (15) 6½" x 2½" strips (C)
- (10) 2½" x 2½" squares (B,E)

See Fig. 12 for cutting layout to save waste

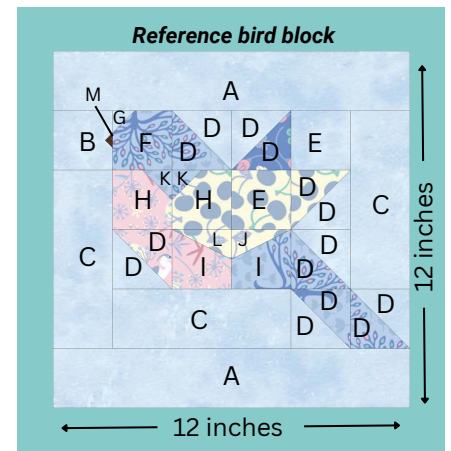


Fig. 12

		← WOF 44 inches →						
selvage		12½"	12½"	6½"	6.5"	2½"	2½"	17½ inches
		12½"	12½"	6½"	6.5"	2½"	2½"	
		12½"	12½"	6½"	6.5"	2½"	2½"	
		12½"	12½"	6½"	6.5"	2½"	2½"	
		12½"	12½"	6½"	6.5"	2½"	2½"	
		6½"	6½"	6½"	6½"	6½"		
		6½"	6½"	6½"	6½"	6½"		

(b) Then cut (2) strips 2⅞" x wof

- o Then cut (18) 2⅞" x 2⅞" squares (D)
- o Then cut in half diagonally to make 36 equal triangles

(c) Using the leftover fabric from your last 2 steps, cut (3) 1⅝" x 1⅝" squares (G)

- o Then cut in half diagonally, twice, to make 6 equal triangles. Trim corners using template provided

2) From **Blossoms**, cut the following:

- (1) strip 2⅞" x wof
  - o Then cut (3) 2⅞" x 2⅞" squares (D)
  - o Then cut in half diagonally to make 6 equal triangles (you will only need 5)



3) From **Great Blue Heron**, cut the following:

- (a) (1) strip  $2\frac{7}{8}$ " x wof
  - o Then cut (3)  $2\frac{7}{8}$ " x  $2\frac{7}{8}$ " squares (**D**)
  - o Then cut in half diagonally to make 6 equal triangles (you will only need 5)
- (b) Cut last strip down to strip  $2\frac{5}{8}$ " wide from leftover
  - o Then cut (5)  $2\frac{5}{8}$ " wide x  $2\frac{1}{2}$ " long rectangle (**I**)
  - o **Place 3 rectangles together RS up, and 2 RS down**
    - Using the attached **template for (I)**, cut along the top angled edge See Fig. 13(a) for an example.
- (c) Now, cut (1) strip of fabric  $2\frac{1}{2}$ " x wof
  - o From that, cut (5)  $2\frac{1}{2}$ " x  $2\frac{1}{2}$ " squares (**H**)

Fig. 13(a)

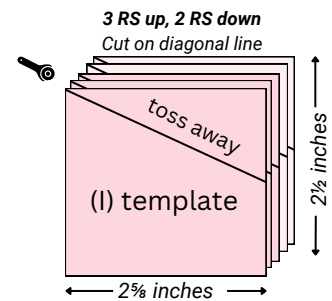
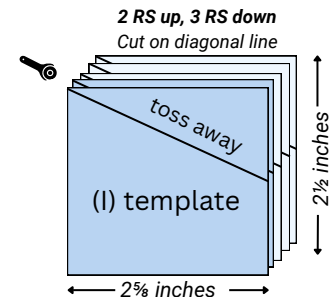


Fig. 13(b)



4) From **Orchard**, cut a piece that is 40" x wof. This will make all the cuts that you will need from Orchard for the entire quilt. Then, cut the following:

(a) For the **side borders**, cut (4) strips  $4\frac{1}{2}$ " wide x 40", making sure to cut lengthwise - see Fig. 14 for cutting layout to save waste.

(b) For the **top and bottom borders**, from leftover fabric from the last step, cut (6) strips  $4\frac{1}{2}$ " x 26". These are cut on the width.

Put aside for the end. Using what's left of the fabric, cut the following:

- (c) (2) strips  $2\frac{7}{8}$ " x 26"
  - o Then cut (10)  $2\frac{7}{8}$ " x  $2\frac{7}{8}$ " squares (**D**)
  - o Then cut in half diagonally to make 20 equal triangles
- (d) Trim the leftover piece from last step from  $2\frac{7}{8}$ " down to  $2\frac{5}{8}$ "
  - o Then cut (5)  $2\frac{5}{8}$ " wide x  $2\frac{1}{2}$ " long rectangle (**I**)
  - o **Place 2 rectangles together RS up, and 3 RS down**
    - Using the attached **template for (I)**, cut along the top angled edge. See Fig. 13(b) for an example.
- (e) Now cut (1) strip of fabric  $2\frac{1}{2}$ " x 26"
  - o From that, cut (5)  $2\frac{1}{2}$ " x  $2\frac{1}{2}$ " squares (**F**)
- (f) From the last bit of fabric, cut (5)  $1\frac{7}{8}$ " x  $1\frac{7}{8}$ " squares (**K**)
  - o Then cut in half diagonally to make 20 equal triangles

**Note:** By placing some rectangles right side up and some right side down, you are creating some birds facing different direction. **Right side up** will create birds facing **left**, and **right side down** will create birds facing **right**.

5) From **Ripe Cherries**, cut the following:

- (a) (1) strip  $2\frac{7}{8}$ " x wof
  - o Then cut (3)  $2\frac{7}{8}$ " x  $2\frac{7}{8}$ " squares (**D**)
  - o Then cut in half diagonally to make 6 equal triangles (you will only need 5)
- (b) Trim the leftover piece from last step from  $2\frac{7}{8}$ " down to  $2\frac{1}{2}$ "
  - o Then cut (10)  $2\frac{1}{2}$ " x  $2\frac{1}{2}$ " squares (**E & H**)
- (c) Trim the leftover piece from last step from  $2\frac{1}{2}$ " down to  $1\frac{5}{8}$ "
  - o Then cut (6)  $1\frac{5}{8}$ " x  $3\frac{1}{4}$ " rectangles
    - Taking **only (3)** rectangles, cut them in half diagonally, starting from the top left corner down to the bottom right corner, making 6 equal triangles (you will only need 5) (**L**). See Fig. 15
    - Now take the **last (3)** rectangles and cut them in half diagonally, but this time in the opposite direction (**J**) See Fig. 15

Fig. 14

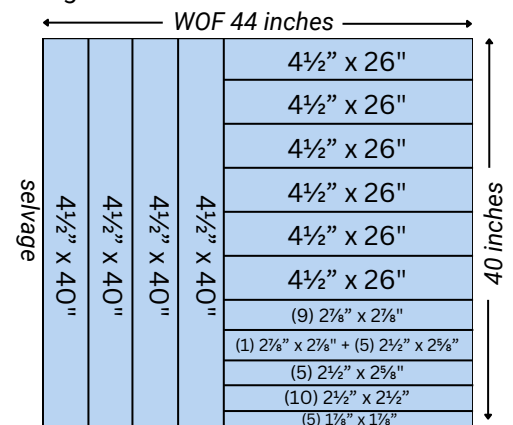
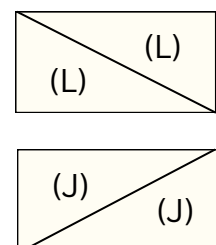


Fig. 15

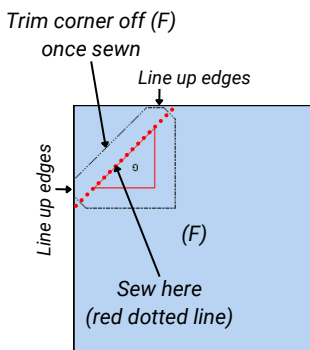


6) From **Brown**, cut the following:

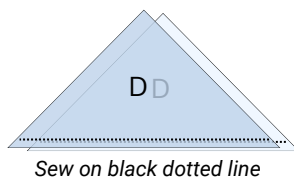
- (2) 1¾" x 1¾" squares (**L**)
- Then cut in half diagonally to make 8 equal triangles (you will only need 5). *You can glue these at the end and stitch around it to secure it. You can also take this time to stitch little eyes on the bird if you wish.*

### STEP 5: ASSEMBLE PATCHES TO MAKE BLOCKS

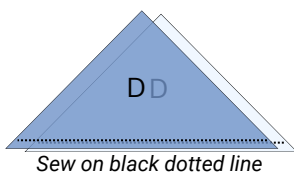
1) Take one (**G**) patch of **Background** fabric that you cutout from template provided and place it RS down in the corner of an (**F**) patch of **Orchard** fabric. Sew together with a ¼" seam allowance. Press open. Trim seam allowance off F block.



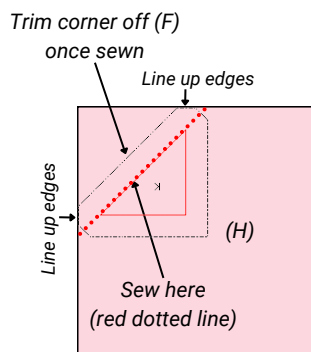
2) Take one (**D**) patch of **Orchard** fabric and match it up with a (**D**) patch of **Background** fabric, RS together. Sew together along long edge with a ¼" seam allowance. Press open. **Make 4.**



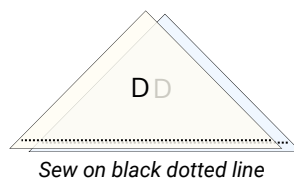
3) Take one (**D**) patch of **Background** fabric and match it up with a (**D**) patch of **Blossoms** fabric, RS together. Sew together with a ¼" seam allowance. Press open.



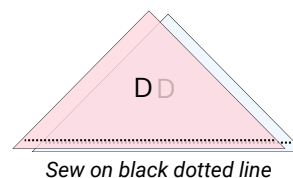
4) Take one (**H**) patch of **Great Blue Heron** fabric and match it up with a (**K**) patch of **Orchard** fabric, RS together. Sew together with a ¼" seam allowance. Trim and press open.



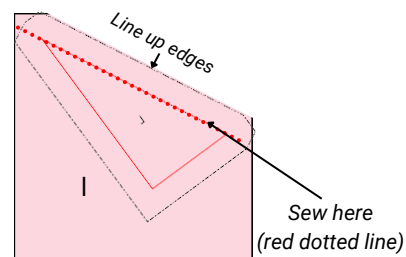
5) Same as last step, take one (**H**) patch of **Ripe Cherries** fabric and match it up with a (**K**) patch of **Orchard** fabric, RS together. Sew together with a ¼" seam allowance. Press open.



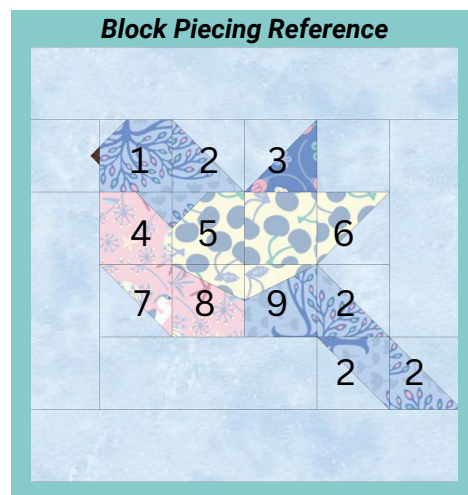
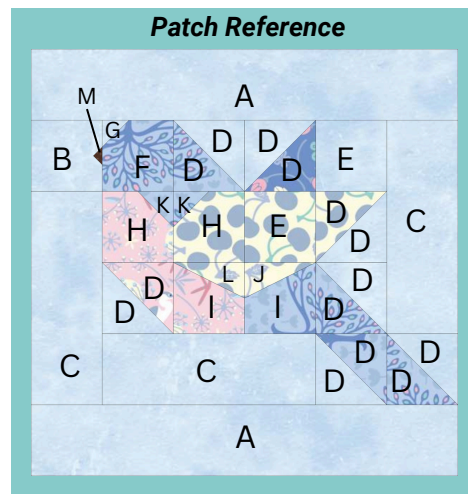
6) Take one (**D**) patch of **Background** fabric and match it up with a (**D**) patch of **Ripe Cherries** fabric, RS together. Sew together with a ¼" seam allowance. Press open.



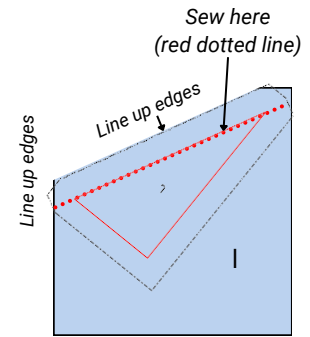
7) Take one (**D**) patch of **Background** fabric and match it up with a (**D**) patch of **Great Blue Heron** fabric, RS together. Sew together with a ¼" seam allowance. Press open.



8) Take one (**I**) patch of **Great Blue Heron** fabric and match it up with an (**L**) patch of **Ripe Cherries** fabric, RS together. Sew together with a ¼" seam allowance. Press open.



9) Take one **(I)** patch of **Orchard** fabric and match it up with a **(J)** patch of **Ripe Cherries** fabric, RS together. Sew together with a ¼" seam allowance. Press open.



**STEP 6: ASSEMBLE BLOCKS TO MAKE ROWS**

**Row 1:**

Place block **(A)** aside and start with row 2. See Fig 16

**Row 2:**

- 1) Attach block **(2)** to block **(1)**
- 2) Attach block **(3)** to block **(2)**
- 3) Attach block **(E) Background** to block **(3)**
- 4) Press all seams to the **left**

**Row 3:**

- 1) Attach block **(5)** to block **(4)**
- 2) Attach block **(E) Ripe Cherries** to block **(5)**
- 3) Attach block **(6)** to block **(E)**
- 4) Press all seams to the **right**

**Row 4:**

- 1) Attach block **(8)** to block **(7)**
- 2) Attach block **(9)** to block **(8)**
- 3) Attach block **(2)** to block **(9)**
- 4) Press all seams to the **left**

**Row 5:**

- 1) Attach block **(2a)** to block **(C1)**
- 1) Press seam to the **right**

**Vertical Rows:**

- 1) Attach one **(C2)** block to one **(B)** block, and one **(C2)** block to one **(2b)** block, as per Fig. 16.
- 2) Press seams upwards

Trim all blocks to 2½" x 2½", if they aren't already.

**STEP 7: ASSEMBLE ROWS**

- 1) Starting with row 2, line up row 3 with row 2 as shown in Fig. 16
  - Then, sew row 4 to row 3
  - Then sew row 5 to row 4
  - Press all seams downwards

2) With the above rows now attached, it's time to attach the blocks from Step 6: Vertical Rows. Place the block **(C2 & B)** right sides together with the left side of the bird block from previous step. Sew together with a ¼" seam allowance. Press towards the outside edge. Repeat this step, except this time, sew the block **(C2 & 2b)** right sides together on the right side of the bird block. Press towards the outside edge.

3) You are almost there! Now, take the two **(A)** strips and sew to top and bottom of the block, pressing outwards.

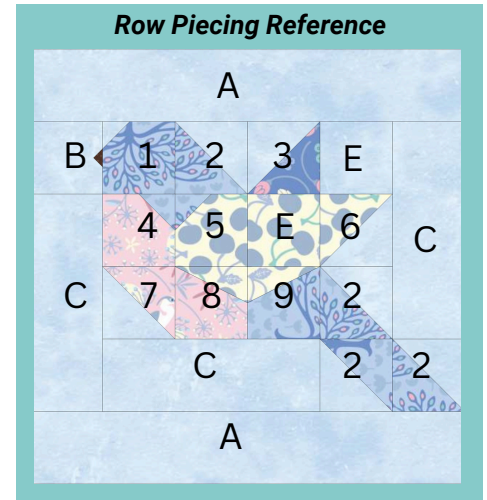
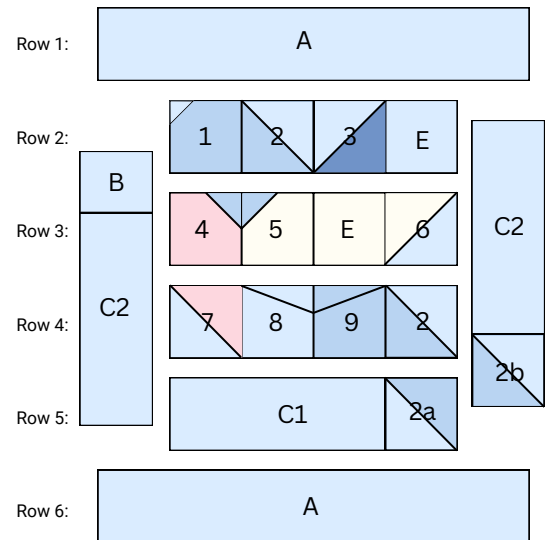


Fig. 16



Congratulations! You have made your first bird block! **Repeat STEPS 4-7 until you have a total of 5 bird blocks.**

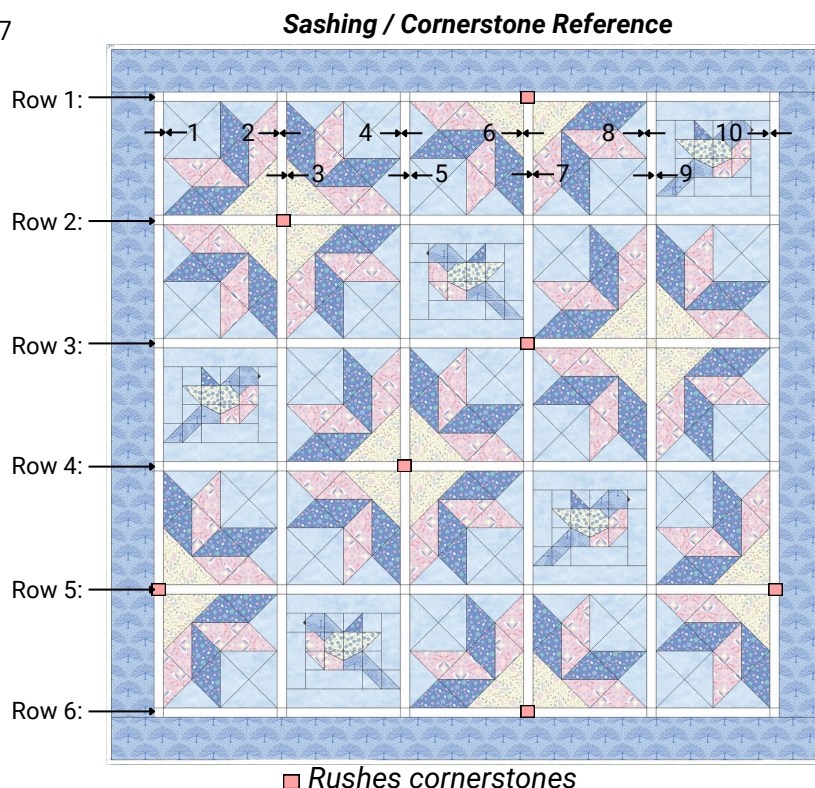
### STEP 8: PREPARE SASHING AND CORNERSTONES

- 1) With the **White** fabric, cut (30) strips that are  $1\frac{1}{2}$ " wide x wof
  - From those, cut strips, cut (60) strips that are  $12\frac{1}{2}$ " x  $1\frac{1}{2}$ ". This will be your sashing.
  - Then cut (23) squares that are  $1\frac{1}{2}$ " x  $1\frac{1}{2}$ ". These will be your cornerstones (with the exception of the cornerstones in the centre of the flowers).
- 2) Starting with one  $1\frac{1}{2}$ " x  $1\frac{1}{2}$ " block, sew together with a  $12\frac{1}{2}$ " x  $1\frac{1}{2}$ " strip
  - Continue sewing this way alternating after each block until you have (6) rows completed, and ensuring that you replace the **White** square with the **Rushes** square in the proper sequence. See Fig 17 for guidance. Put aside until you are done the next step: Assemble blocks into rows.

### STEP 9: ASSEMBLE BLOCKS INTO ROWS

- 1) Take all the blocks and arrange them into 5 rows and alternate a **Flower Block** and **Bird Block**. The **first row will start with a Flower Block**. Sew them into rows, placing one sashing block of  $12\frac{1}{2}$ " x  $1\frac{1}{2}$ " vertically between each block, until you have sewn the entire row together. See Fig. 17 #'s 1-10 for guidance on sewing sequence.
- 2) Continue adding side sashing to each row until you have 5 completed rows with sashing.

Fig. 17



### STEP 10: ADDING THE BORDERS

- 1) When the quilt blocks and sashing are all sewn together, grab the four strips of  $4\frac{1}{2}$ " wide x 38" cut earlier from the **Orchard** fabric. Sew two strips together, twice, then sew them onto the sides. Press seams open and then trim even with the top and bottom of the quilt.
- 2) Grab the six strips of  $4\frac{1}{2}$ " x 26" wide cut earlier from the Orchard fabric. Sew three strips together, twice, then sew them onto the top and bottom. Press seams open and then trim even with the sides of the quilt.



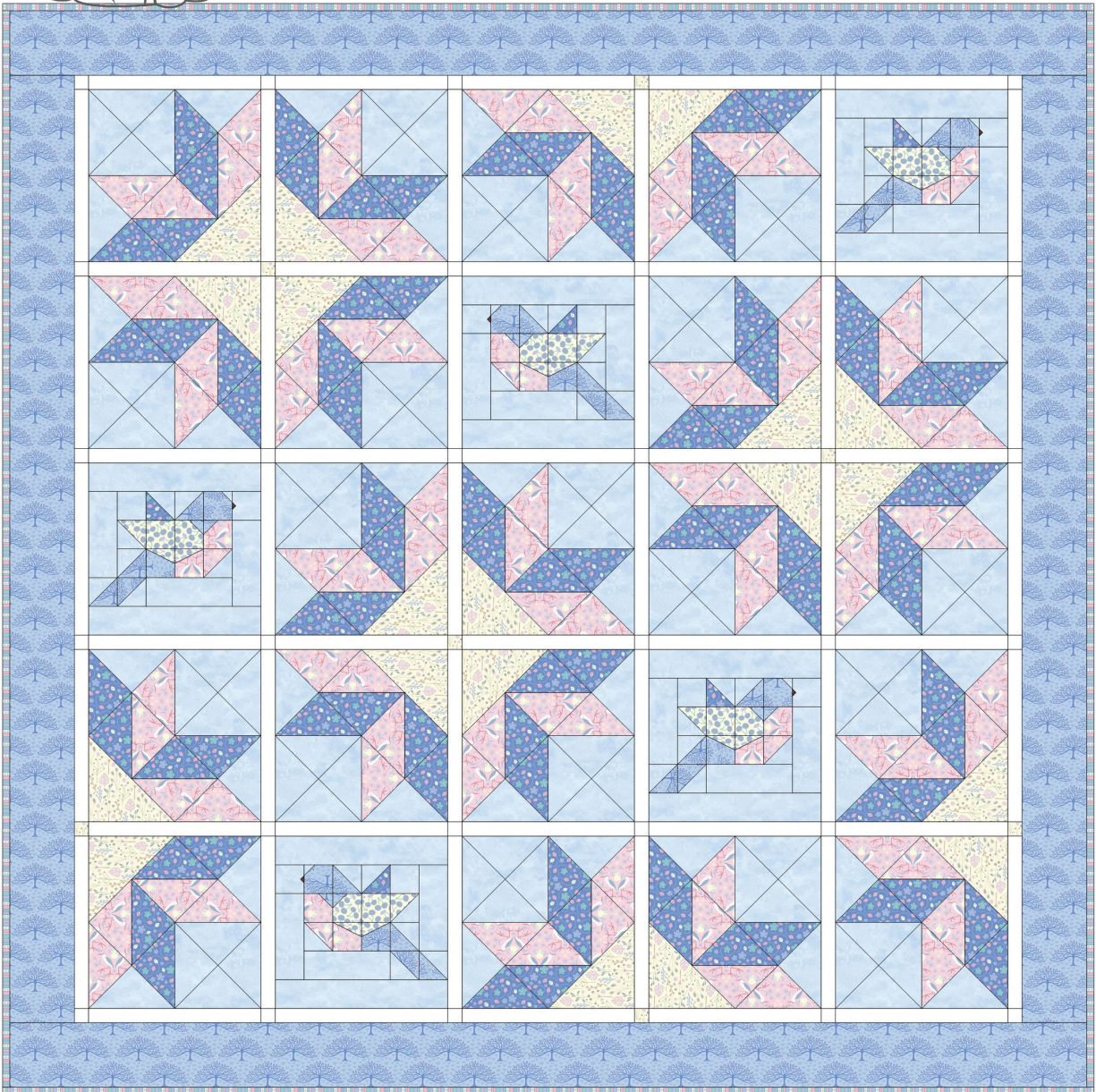


*And the finally...*

*A beautiful quilt top that's ready to be taken to your longarm quilter, or quilt yourself - you decide!*

*Once the quilting has been done, attach binding and you are done - congrats!*

*If you have any questions regarding any steps in this pattern, or if you find any errors, please reach out to [info@miapresleydesigns.ca](mailto:info@miapresleydesigns.ca) and we will be happy to assist you.*



Finished quilt size: 75" x 75"



# Templates

1 inch  
square

